

The Optimist Creed

Promise Yourself

To be **SO STRONG** that nothing can disturb your peace of mind.

To talk health, happiness and prosperity
to every person you meet.

To make all your friends feel that there is something in them.

To look at the **sunny side of everything**
and make your optimism come true.

To **think** only of the best, to **work** only for the best and to
expect only the best.

To be just as enthusiastic about the **SUCCESS** of others
as you are about your own.

To forget the mistakes of the past and press on to the
GREATER ACHIEVEMENTS of the future.

To wear a cheerful countenance **AT ALL TIMES** and give
every living creature you meet a smile.

To give so much time to the improvement of yourself that you have
NO TIME to criticize others.

To be too large for worry, too noble for anger, too strong for fear,
and **too happy** to permit the presence of trouble.

